

JAPANESE DELIGHT

KITCHEN APPETIZER

- 101. Edamame 5.99
- 102. Japanese Baked Mussel (6pcs) 7.99
- 103. Beef Gyoza (6pcs)..... 5.99
- 104. Chicken Teriyaki (4oz) 6.99
- 105. Beef Teriyaki (4oz) 7.99
- 106. Salmon Teriyaki (4oz) 8.99
- 107. Shrimp Teriyaki (8pcs) 7.99
- 108. Beef Short Ribs (6pcs)..... 7.99
- 109. Sesame Chicken App 6.99
- 110. General Chicken App..... 6.99
- 111. Steamed Rice 2.99



DEEP FRIED APPETIZERS

- 114. Cheese Wonton (6pcs) 4.99
- 115. Chilli Chicken Wings (6pcs) 🌶️ 6.99
- 116. Takoyaki (6pcs) 7.99
- 117. Coconut Shrimp (6pcs) 8.99
- 118. Deep Fried Wonton (6pcs) 7.99
(Chicken & Shrimp)
- 120. Vegetable Spring Roll (2 rolls).....3.50



TEMPURA

- 121. Assorted Tempura (6pcs) 6.50
(4 vegetables, 2 shrimps)
- 122. Shrimp Tempura (6pcs) 8.99
- 123. Crabmeat Tempura (8pcs) 7.99
- 124. Broccoli Tempura (8pcs) 7.49
- 125. Yam Tempura (8pcs) 5.99
- 126. Vegetable Tempura (8pcs) ... 5.49
- 127. Tofu Tempura (4pcs) 5.99



SALADS + SOUPS

- 128. Green Salad 2.99
- 129. Seaweed Salad 3.99
- 130. Wonton Soup (6pcs) 5.99
(Shrimp & Chicken)
- 131. Miso Soup 3.99 5.99
- 132. Hot & Sour Soup 3.99 5.99



FRIED RICE

- 133. Chicken Fried Rice 10.99
- 134. Beef Fried Rice..... 10.99
- 135. Shrimp Fried Rice 12.99
- 136. Seafood Fried Rice (mussel, shrimp, crab meat)..... 12.99
- 137. Vegetable Fried Rice 9.99
- 138. Egg Fried Rice 7.99



YAKI UDON

- 139. Chicken Yaki Udon (white meat) ... 13.99
- 140. Beef Yaki Udon 13.99
- 141. Shrimp Yaki Udon 16.99
- 142. Seafood Yaki Udon 16.99
(mussel, shrimp, crab meat)



TERIYAKI SET COURSE

serve with rice, miso soup or hot & sour soup, stir fried mixed vegetable

- 143. Chicken Teriyaki (8oz white meat) 15.99
- 144. Shrimp Teriyaki (10pcs) 17.99
- 145. Salmon Teriyaki (6oz) 17.99
- 146. Angus Steak Teriyaki (6oz) 16.99
- 147. Marinated Beef Short Ribs (6pcs)....16.99



BENTO WOK EXPRESS BENTO BOX

MAKE YOUR OWN BENTO BOX

served with rice, miso soup or hot & sour soup, stir fried mixed veggie

STEP 1

- B1. Chicken Teriyaki (8oz)..... 18.99
- B2. Angus Steak Teriyaki (6oz) 19.99
- B3. General Chicken 🌶️ 18.99
- B4. Salmon Teriyaki (2pcs) 19.99
- B5. Sesame Chicken 18.99
- B6. Shrimp Teriyaki (10pcs)..... 19.99
- B7. Marinated Beef Short Ribs (6pcs) 19.99

STEP 2

- 1. Beef Gyoza (3pcs)
- 2. Spring Roll (3pcs)
- 3. Edamame (4oz)
- 4. Cheese Wonton (3pcs)

STEP 3

- Assorted Veggie Tempura (4pcs) & Shrimp Tempura (2pcs)

Any substitutions in combo may have extra cost!

BENTO WOK EXPRESS DIM SUM

20mins pre time

- 148. Siu Mai(6pcs) 6.99
- 149. Har Gow (6pcs) 6.99
- 150. Steamed Mini Soup Dumpling (6pcs) 6.99
- 151. Beef Dumpling (6pcs) 6.99
- 152. Spinach Dumpling 6.99



SZECHUAN-HAKKA

no spicy - mild - medium - spicy - extra spicy

- 153. Shanghai Noodle With Chicken or Beef 14.99
- 154. Shanghai Noodle With Shrimp or Seafood 16.99
- 155. Lo Mein With Chicken or Beef 14.99
- 156. Lo Mein With Shrimp or Seafood 16.99

Served with Steamed Rice:

- 157. General Chicken 13.99
- 158. Chilli Chicken 13.99
- 159. Chilli Chicken Wing (8pcs) 13.99

EGG NOODLE

- 160. Chicken Lo Mein 14.99
- 161. Beef Lo Mein 14.99
- 162. Shrimp Lo Mein 16.99
- 163. Seafood Lo Mein 16.99
- 164. Cantonese Chow Mein With Chicken....14.99
- 165. Cantonese Chow Mein With Beef 14.99
- 166. Cantonese Chow Mein With Shrimp .. 16.99
- 167. Cantonese Chow Mein With Seafood.. 16.99
(mussel, shrimp, crab meat)



CHICKEN

(Served with Steamed Rice)

- 168. Sesame Chicken 13.99
- 169. Chicken with Mixed Vegetable .. 12.99
- 170. Chicken with Broccoli 12.99
- 171. Chicken with Mushroom.....12.99
- 172. Bourbon Chicken 12.99
- 173. Chicken With Black Bean Sauce...12.99
- 174. Cashew Chicken 13.99



BEEF (Served with Steamed Rice)

- 175. Beef with Mixed Vegetable....12.99
- 176. Beef with Broccoli 12.99
- 177. Beef with Mushroom 12.99
- 178. Garlic Beef..... 12.99
- 179. Black Pepper Steak 12.99



SPECIALTIES (Served with Steamed Rice)

- S1. Chilli Chicken 🌶️ 13.99
- S2. Sesame Chicken 13.99
- S3. Bourbon Chicken..... 12.99
- S4. Coconut Shrimp (10pcs) 13.99
- S5. Japanese Baked Mussel (12pcs) 14.99

VEGETERIAN DELIGHT 🌱

- V1. Vegetable Shanghai Noodle 12.99
 - V2. Vegetable Lo Mein 12.99
 - V3. Vegetable Fried Rice 9.99
 - V4. Vegetable Fried Udon 12.99
 - V5. Cantonese Chow Mein With Vegetable... 13.99
- Served with Steamed Rice:*
- V6. Mixed Vegetable Teriyaki 12.99
 - V7. Broccoli With Garlic Sauce 12.99
 - V8. Deep Fried Tofu With Mixed Vegetable ... 13.99
 - V9. Mixed Vegetable With Garlic Sauce 12.99



LUNCH SPECIAL \$11⁹⁹

11:00am - 3:00pm

(All Dishes Served with Steamed Rice, Miso Soup or Hot & Sour Soup or Drink)

- L1. General Chicken
- L2. Sesame Chicken
- L3. Chicken With Broccoli
- L4. Beef With Broccoli
- L5. Salmon Teriyaki (4oz)
- L6. Bourbon Chicken
- L7. Black Pepper Steak
- L8. Mixed Vegetable With Garlic Sauce

PARTY TRAY

Or Any Other Item Upon Request

- P1. Chilli Chicken 49.99
- P2. General Chicken 49.99
- P3. Chicken Lo Mein 44.99
- P4. Beef Lo Mein 44.99
- P5. Black Pepper Steak 44.99
- P6. Chicken Fried Rice 39.99
- P7. Beef Fried Rice 39.99
- P8. Mixed Vegetable & Tofu With Garlic Sauce 49.99



FAMILY DINNER

MAKE YOUR OWN DINNER

(including Miso Soup or Hot & Sour Soup, Steamed Rice, Vegetable Spring Roll)

Dinner for 3

3 different items
\$42⁹⁹

Dinner for 4

4 different items
\$52⁹⁹

Dinner for 5

5 different items
\$69⁹⁹

Dinner for 6

6 different items
\$78⁹⁹

- D1. General Chicken
- D2. Sesame Chicken
- D3. Chicken With Broccoli
- D4. Chilli Chicken
- D5. Cashew Chicken
- D6. Bourbon Chicken
- D7. Chicken With Black Bean Sauce
- D8. Beef With Mixed Vegetable
- D9. Beef With Mushroom
- D10. Beef With Broccoli
- D11. Garlic Beef
- D12. Black Pepper Steak
- D13. Chicken Yaki Udon (white meat)
- D14. Beef Yaki Udon
- D15. Deep Fried Tofu With Vegetable
- D16. Mixed Vegetable With Garlic Sauce
- D17. Broccoli With Garlic Sauce

- D18. Chilli Chicken Wing (8pcs)
- D20. Coconut Shrimp (10pcs)
- D21. Beef Short Rib (9pcs)
- D22. Salmon Teriyaki (10oz)
- D23. Chicken Teriyaki (10oz)
- D24. Cheese Wonton (12pcs)
- D25. Deep Fried Wonton (12pcs)
- D26. Assorted Tempura (8pcs) (4 Shimps, 4 Vegetables)
- D27. Crab Meat Tempura (12pcs)
- D28. Chicken Lo Mein
- D29. Beef Lo Mein
- D30. Cantonese Chow Mein With Chicken
- D31. Cantonese Chow Mein With Beef
- D32. Chicken Shanghai Noodle
- D33. Beef Shanghai Noodle



BENTO WOK

EXPRESS

480 Mapleton Ave., Unit 7
Barrie, ON L4N 9C2

(705) 728-6888

www.bentowokexpress.ca



FREE Choice of One item with Any Pick-Up Order Over \$35

(Before Tax, Cash Only)

- 1. Beef Gyoza (4pcs)
- 2. Cheese Wonton (4pcs)
- 3. Veggie Spring Roll (4pcs)
- 4. or 10% OFF

FREE DELIVERY ORDER OVER \$35

(Before Tax, within Barrie, Cash Only)

\$5 Delivery charge for order under \$35 before tax



HOURS

Monday	11:00am - 9:00pm
Tuesday	11:00am - 9:00pm
Wednesday	11:00am - 9:00pm
Thursday	11:00am - 9:00pm
Friday	11:00am - 11:00pm
Saturday	11:00am - 11:00pm
Sunday	12:00pm - 9:00pm